**UW ROWHS**

**Individual Development Plan**

**Scholar Name: Program Year:**

**Mentors (Career Development):**

 **(Scientific Research):**

 **(Scientific Research):**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Core Competency/****Women’s Health** | **Training Activities (Coursework, Seminars, Conferences)** | **Benchmarks for Advancement** | **Targeted Completion Date** | **Mentor/Role (specify mentor and role in training activity)** |
| **Establish research expertise in determinants of women's health and women’s health outcomes** |  |  |  |  |
| **Demonstrate knowledge of sex/gender variables as determinants of women’s health** |  |  |  |  |
| **Assimilate leadership/gender intersection within an academic context** |  |  |  |  |
| **Delineate link between women leaders and the advancement of women’s health** |  |  |  |  |
| **Core Competency/****Fundamental Research** | **Training Activities (Coursework, Seminars, Conferences)** | **Benchmarks for Advancement** | **Targeted Completion Date** | **Mentor/Role (specify mentor and role in training activity)** |
| **Research excellence:** develop feasible/testable hypotheses; apply rigor and reproducibility |  |  |  |  |
| **Biostatistics and study design:** Master data collection, and interdisciplinary analytical techniques |  |  |  |  |
| **Leadership/management:** Provide leadership in scientific innovation; establish and manage research teams |  |  |  |  |
| **Dissemination of research:** Communicate knowledge through verbal/written presentation |  |  |  |  |
| **Responsible conduct of research:** Conduct research according to professional ethics and regulatory guidelines |  |  |  |  |
| **Teaching & mentoring:** Educate others by incorporating evidence-based strategies for teaching, learning and mentoring |  |  |  |  |
| **Teamwork and team science:** Communicate and cooperate effectively with others within and across disciplinary boundaries |  |  |  |  |
| **Data management and informatics:** Identify resources to optimize use of information in health and biomedicine |  |  |  |  |
| **Professional development:** Engage in career development opportunities to expand knowledge of new fields and expertise |  |  |  |  |
| **Stakeholder engagement & health equity:** Employ best practice approaches to stakeholder engagement  |  |  |  |  |

**Add additional specific objectives essential to your advancement with this Program.**

**Potential obstacles or barriers to advancing goals and strategies to address these hindrances:**