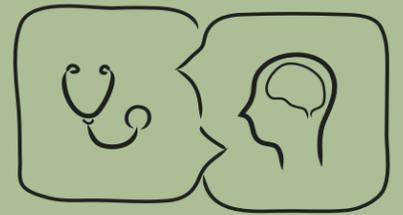
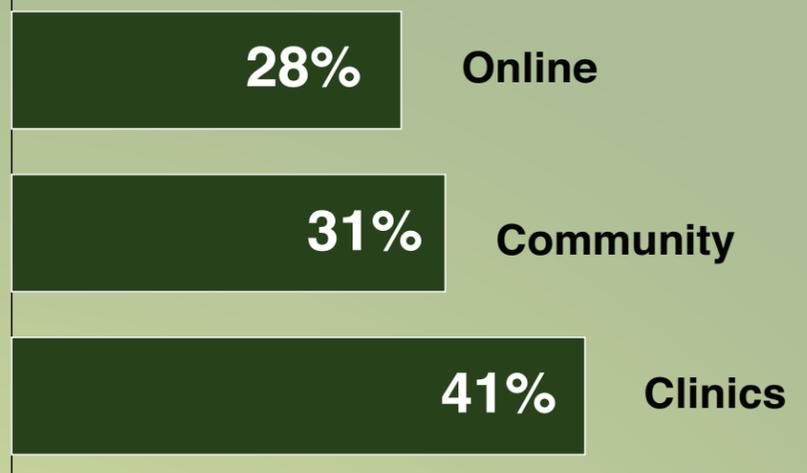


PATIENT VOICES ON INTEGRATED CARE



381 people of different backgrounds in **Madison, Wisconsin** took our video vignette survey about mental health care within primary care clinics.



Partners

Community: Farmer's Markets, The Road Home, Goodman Community Center, Family Services Madison, United Way

Clinics: Group Health Cooperative, Access, UW Health

"I like the idea of having a **number of health care providers that specialize in different areas** all working together to help me in the best way possible."

"I like **not having to make a separate appointment/go to a different location** to see a behavioral health specialist. More appointments may create more stress."

"Respectful, matter of fact approach to mental illness. **Anticipatory information about immediate process during appointment, asked permission/interest before proceeding** to each step. Helpful interventions."

"I would also want to have **follow up visits that help me progress.**"

"I would want to be able to **find ways to deal with things** that are going on in my life in an easier way."

Five topics were frequently mentioned:

#1 Team approach to care

#2 Accessibility of care

#3 Patient choice and comfort

#4 Follow up

#5 Patient well being

"[I wouldn't like] **not having much of a choice of who the therapist is** - would want to make sure the therapist is a good fit."

"**Costs are an issue.** Will the patient be charged a copay to talk with the person?"

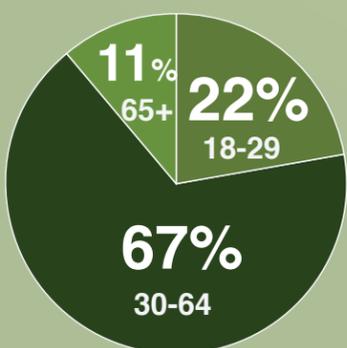
"Would have liked **more clarification about confidentiality** - there is still a lot of stigma about mental illness."

"I would want **follow up to perhaps connect to more ongoing resources**, and some support in enacting the suggested strategies."

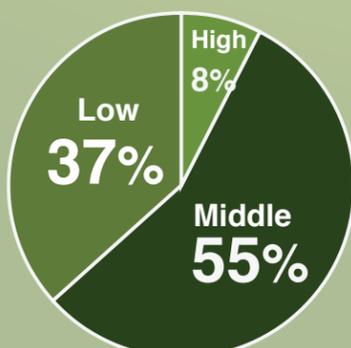
"I would want part of the action plan to be **telling and educating the people closest to me about the effects of depression and asking for their support, too.**"

Who took our survey

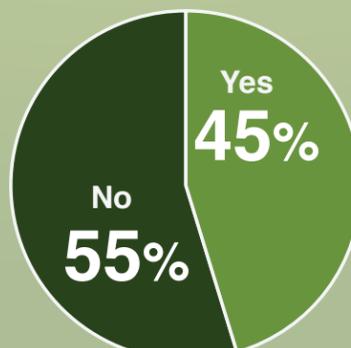
Age



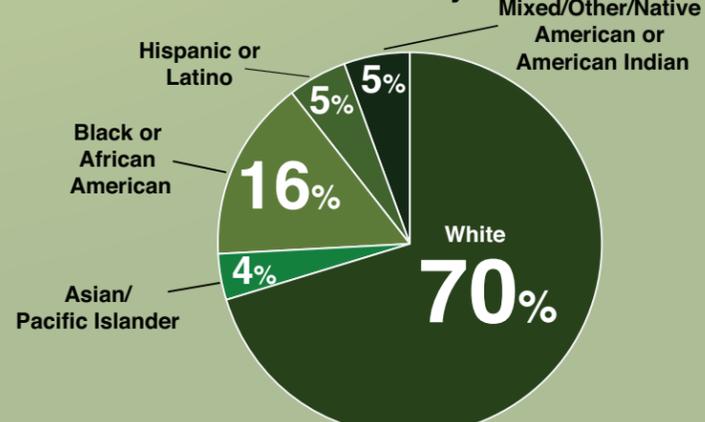
Income



Mental health diagnosis



Race/Ethnicity



For more information:

www.dane1in4.org ■ dane1in4@gmail.com