

***Mentoring Worksheet\****

Mentor: \_\_\_\_\_ Mentee: \_\_\_\_\_

Date of Meeting: \_\_\_\_\_

**Goal: Teaching**       Goal met    Making Progress    No Progress

Accomplishments: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Obstacles: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

New goal or strategy to overcome obstacles (if needed): \_\_\_\_\_

\_\_\_\_\_

**Goal: Clinical Care**       Goal met    Making Progress    No Progress

Accomplishments: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Obstacles: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

New goal or strategy to overcome obstacles (if needed): \_\_\_\_\_

\_\_\_\_\_

**Goal: Research**       Goal met    Making Progress    No Progress

Accomplishments: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Obstacles: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

New goal or strategy to overcome obstacles (if needed): \_\_\_\_\_

**Goal: Service**      Goal met   Making Progress   No Progress

Accomplishments: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Obstacles: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

New goal or strategy to overcome obstacles (if needed): \_\_\_\_\_  
\_\_\_\_\_

**Goal: Self Development**      Goal met   Making Progress   No Progress

Accomplishments: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Obstacles: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

New goal or strategy to overcome obstacles (if needed): \_\_\_\_\_  
\_\_\_\_\_

**Goal: Networking**      Goal met   Making Progress   No Progress

Accomplishments: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Obstacles: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

New goal or strategy to overcome obstacles (if needed): \_\_\_\_\_  
\_\_\_\_\_

**Goal: Work/Life Balance**     Goal met     Making Progress     No Progress

Accomplishments: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Obstacles: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

New goal or strategy to overcome obstacles (if needed): \_\_\_\_\_  
\_\_\_\_\_

**Goal: Additional Mentors**     Goal met     Making Progress     No Progress

Accomplishments: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Obstacles: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

New goal or strategy to overcome obstacles (if needed): \_\_\_\_\_  
\_\_\_\_\_

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\*Accessed from University of California-Davis on 5/15/10  
at <http://www.ucdmc.ucdavis.edu/facultydev/mentoring.html> (Document: Mentoring Update Worksheet)