

# Distinguished Lecture Series

SPONSORED BY NATIVE AMERICAN CENTER FOR HEALTH PROFESSIONS

## NAVIGATING THE HEALTH OF OUR ELDERERS

### Dr. Blythe Winchester

*Blythe Winchester, MD, MPH, CMD, is a board-certified geriatrician and enrolled member of the Eastern Band of Cherokee Indians in Cherokee, North Carolina. She practices at Cherokee Indian Hospital providing care to elders, consultation and home visits; she is the certified medical director at Tsali Care Center. She received her MD and MPH degrees at UNC-Chapel Hill and did a Family Medicine Residency in Greenville, South Carolina. Her Geriatrics Fellowship was completed through the Mountain Area Health Education Center in Asheville, NC. She serves as a chief clinical consultant for geriatrics and palliative care for the Indian Health Service. She frequently presents on palliative care, geriatric issues and the cultural considerations for Native Americans in dealing with these issues. She lives on the Qualla Boundary in North Carolina with her husband, seven dogs, and cat and enjoys karaoke, reading and being outdoors.*



### Lecture Q&A

**WEDNESDAY, DECEMBER 5, 2018**

12:00 pm – 1:30 pm

Health Sciences Learning Center, Room 1306

750 Highland Ave., Madison, WI 53705

**Networking immediately following**

*Refreshments provided*

**RSVP HERE**

There are challenges in all areas of life and function for elders. Indigenous elders, while facing disparities across all facets of care, are also facing unique challenges related to their health status and function. Cultural awareness of heterogeneity of our tribes and the customs, traditions and roles of elders in communities help to provide insight and guidance around providing care. Honoring our elders while providing supportive care in alignment with their goals helps our relationships and strength as communities.

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